**Alan Simpson’s Soft Food Recipe & Preparation**

The Food Supplements may be mixed with dry seed or provided in Alan Simpson’s soft food mix. Breeding birds will climb the wire in eagerness to eat this tasty and highly nutritious soft food mix. This soft food will help any parrots that share a cage with finches. Additional E-powder and F-vite may also be provided in small dishes where they are eaten as required.

**Ingredients**
* High protein Breeding Crumbles - 1 cup (250gm)
* Turbobooster - 20-40ml - more is better
* Quik gel - 2mls dissolved into 10mls of warm water
  - or add 1 drop into each 100ml of drinking water
* E-powder - 50-100gm - more is better
* F-vite - 20gm (2 tablespoons)
* Eggs - Up to 12 hard boiled eggs - number by availability
* Boiled Couscous - 1 cup Optional extra for canaries

**Frequency of Soft Food Administration**
* Breeding Pairs - Each day
* Juveniles - Each second day
* Moult Period - Each second day
* Non-breeding birds - For two days each weekend
* Austere Period - For two days each weekend

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**Preparation of Soft Food**

**Step 1**
Use a fork to mix Turbobooster and Quik gel throughout Breeding Crumbles, then rotate sealed container vigorously to complete mixing process. Place in a refrigerator overnight in a sealed container in readiness for a morning feed.

**Step 2**
Next morning the breeding crumble mixture will be dry. At this time mix in E-powder & F-vite thoroughly. The eggs are boiled immediately prior to this process.

**Step 3**
Process the eggs using a mouli (or food processor) directly into the container then mix by rotation into the soft food mixture. The final product is light, velvety and fluffy to touch. Canary breeders may then mix in Couscous.

**Step 4**
Final product placed in finger drawers. Enjoy the results of increased fertility, health, size and vitality. For canaries, boiled couscous may also be mixed into this soft food.
Dr Rob Marshall’s Breeding Programme for Gouldian Finches
- and other finches & canaries

This Breeding Programme provides breeding pairs with their best opportunity to produce and rear strong young. The effects of the programme are rapid. It maximises fertility and creates strong babies from day one so that the young produced remain healthy throughout the critical developmental stages of their life.

<table>
<thead>
<tr>
<th>Day of Week</th>
<th>Water Supplements</th>
<th>Food Supplements</th>
<th>Additional information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Fresh if water ph &lt;7</td>
<td>Turbobooster, Quik-gel E Powder &amp; Fvite</td>
<td>Quik gel is given each second day in drinking water or soft food mix.</td>
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<tr>
<td>Tuesday</td>
<td>S76 once a month</td>
<td>Turbobooster, E Powder &amp; Fvite</td>
<td>Airsac Mite Treatment controls airsac mites and protect breeding pairs and their young from other stress induced diseases. S76 - 5mls/2 litres of drinking water for one day each month.</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Fresh if water ph &lt;7</td>
<td>Turbobooster, Quik-gel E Powder &amp; Fvite</td>
<td>²Megamix is used daily when drinking water ph &gt;7 to control thrush and e.coli infections.</td>
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<tr>
<td>Thursday</td>
<td>Megamix² if water ph &gt;7</td>
<td>Turbobooster, E Powder &amp; Fvite</td>
<td>¹KD 1/4 teaspoon/litre of drinking water helps maintain normal foregut pH and counteract stress.</td>
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<tr>
<td>Friday</td>
<td>KD¹</td>
<td>Turbobooster, Quik-gel E Powder &amp; Fvite</td>
<td>³Dufoplus (2.5ml), Ioford (5ml) and Megamix (2mls) are mixed into one litre of drinking water. Although Turbobooster, Dufoplus and Ioford contain loads of vitamin D, still try to provide your birds with as much sunlight as possible.</td>
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<tr>
<td>Saturday</td>
<td>Dufoplus³/ Ioford⁴ Megamix</td>
<td>Turbobooster, E Powder &amp; Fvite</td>
<td>²Megamix is used daily when drinking water ph &gt;7 to control thrush and e.coli infections.</td>
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<tr>
<td>Sunday</td>
<td>Ioford/Megamix</td>
<td>Turbobooster, Quik-gel E Powder &amp; Fvite</td>
<td>³Dufoplus (2.5ml), Ioford (5ml) and Megamix (2mls) are mixed into one litre of drinking water. Although Turbobooster, Dufoplus and Ioford contain loads of vitamin D, still try to provide your birds with as much sunlight as possible.</td>
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Additional Notes
This Breeding Programme has been researched and developed by Dr Rob Marshall. There is no easier, hygienic or more complete method for breeding Gouldian finches.

The Food Supplements are best given in Alan Simpson’s highly successful soft food recipe (see overleaf) or they may be mixed into dry seed. The soft food is very easy to make and guarantees your birds receive the best nutrition possible. Breeding outcomes will be dramatically improved with a minimum of fuss. For continuing good health this feeding system is best combined with Dufoplus/Ioford (vitamins ADE & trace elements Iodine, iron), water cleansers (KD & Megamix to adjust pH levels) and regular S76 treatments to control airsac mite infections. Juveniles also require regular treatments with Carlox and GTwormer. For further information go to Clients Only Section of www.birdhealth.com.au, email or by phone.

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